

Thai Traditional Herb Intellect “MhorKhomdee” Banthum Sub-district, Muang District, KhonKaen Province

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Abstract: Beliefs of treating Thai patients with herbal start from its have harvesting herbal with spell and doing that at certain time it. Both result were from the observations and inquiries with people in the BanPed sub-district, Muang, KhonKaen Province, herbs are widely had been used in almost households in the community as known as Thai traditional herb Intellect of MhorKhomdee. They use it for a long decade . Also in favorites of all villagers in any ages until now. This objective of qualitative study aimed to explore the MhorKhomdee’s herbal mixture processing, the behaviors and effectiveness of users for those herbal mixture. Purposive sample were selected and gathered from thirteen users whom using of MhorKhomdee’s herbal mixture and compared to five non-users. Data has been collected and gathered during the period of July till September 2010 by using an in-depth interview in thirteen users and compared to five non-users for those herbal mixture, and a non-participatory observation. Those Data analysis was performed with a content analysis method and inductive approach. Results revealed that: 1) MhorKhomdee’s herbal mixture originally learned how to do herbal mixture processing from their ancestors as well as studied from the Faculty of Thai Traditional Medicine. 2) The herbal mixture processing included mixed all herbs and elements ;and boiled them with water for seven days and nights until it dried till the limit level and left only a quarter of water along with praying of the MhorCheewakakomaphuch 3) For those users’ behaviors, they trusted in the herbal mixture medicine by using it regularly when feeling sick , for example stomachache, flatulence, food poisoning, dizziness, menstruation discomfort, postpartum period, etc. Some families used it for first aid medicine. Using its’ herbal medicine , result with no any of side effects at all. From the lack of their efficiency/professional skill in order to improve for their future. So they would like to have the supports from the Thai Royal Government in order to accredited on their products by get it certified from the Thai Food and Medicine Organization and labeling the valid prescription of the herbal medicine. This herbal mixture medicine should be monitored by health professionals and community to assure its reliable and with quality.

Keyword: AIC process, knowledge, self-care behavior, older people

Background and Significant of the Study

Recently, the illnesses of people changed increasing were cancer, heart disease, hypertension and diabetes, etc. From this situation, the people are finding different ways to treat composite dependence on health services and clinical pharmacy services as well as the traditional in either in the community. Stress and fatigue by environment pollution, both at household, occupational and transportation have beset the poor health of citizens. At the same time seeking to remedy still rely on traditional methods as intellect in the community such as massage, herbal heat treatment for postpartum period, according to the concern of the Ministry of public health in the present, because the way of healthcare is appropriate, consistent with the way of life of the people. Moreover, it has been applied in more urban community, such as the health care center service, room of herbal for treatment, which is the people choice of alternatives as appropriate for self-care services.

The Thai people use of herbal therapy is an alternative for sickness for a long time. It is a Thai traditional herbal intellect other format different from medicine. The physician has studied the medical for general doctor specialty, but Thai traditional herbal intellect section

is mixed, which is the closest to a way of human life, not use of medicine, provider does not need to exit qualifications. The treatment result from the observations and inquiries from people in Ban Ped sub-district, Muang, KhonKaen Province, herbs are widely used in almost all households in the community known as Thai traditional herb Intellect MhorKhomdee (assumed name), Banthum Sub-district, Muang, KhonKaen Province. They use it for a long time. This is a herbal mixture that can cure any sick whether fatigue, fever, headache, stomachache, for postpartum period (lochia) and several symptoms. The survey who use of herbal mixture found that the number of using, it is used 81 percent of villages that has been used that for long times and favorites.

So the researcher is interested to studies of herbal mixture products from MhorKhomdee, Method of how herbal mixture processing, effective in the treatment or alleviate illness, and Affect the health of the herbal mixture, because in the future, forecasting that the choice in healthcare are likely to turn back to traditional concepts is to highlight the natural therapy in healthcare is likely better suited to. According to the way of life Thai people is very important with a view and above reasons. The researchers have selected Thai traditional herb Intellect MhorKhomdee as issues in this study.

Purposes of the Study

1. To studied source of knowledge in production Thai traditional herb.
2. To studied the process of preparing of the Thai traditional herb.
3. To studied the usage and the effects of the Thai traditional herb.

Protection of human subjects

Before the commencement of the study, the researcher provided the informed consent form to the participants to ensure protection of human subjects. All participants were informed about the purpose of the study when the researcher read the content of the form to them.

The principle and variables of the study are shown in the figure 1

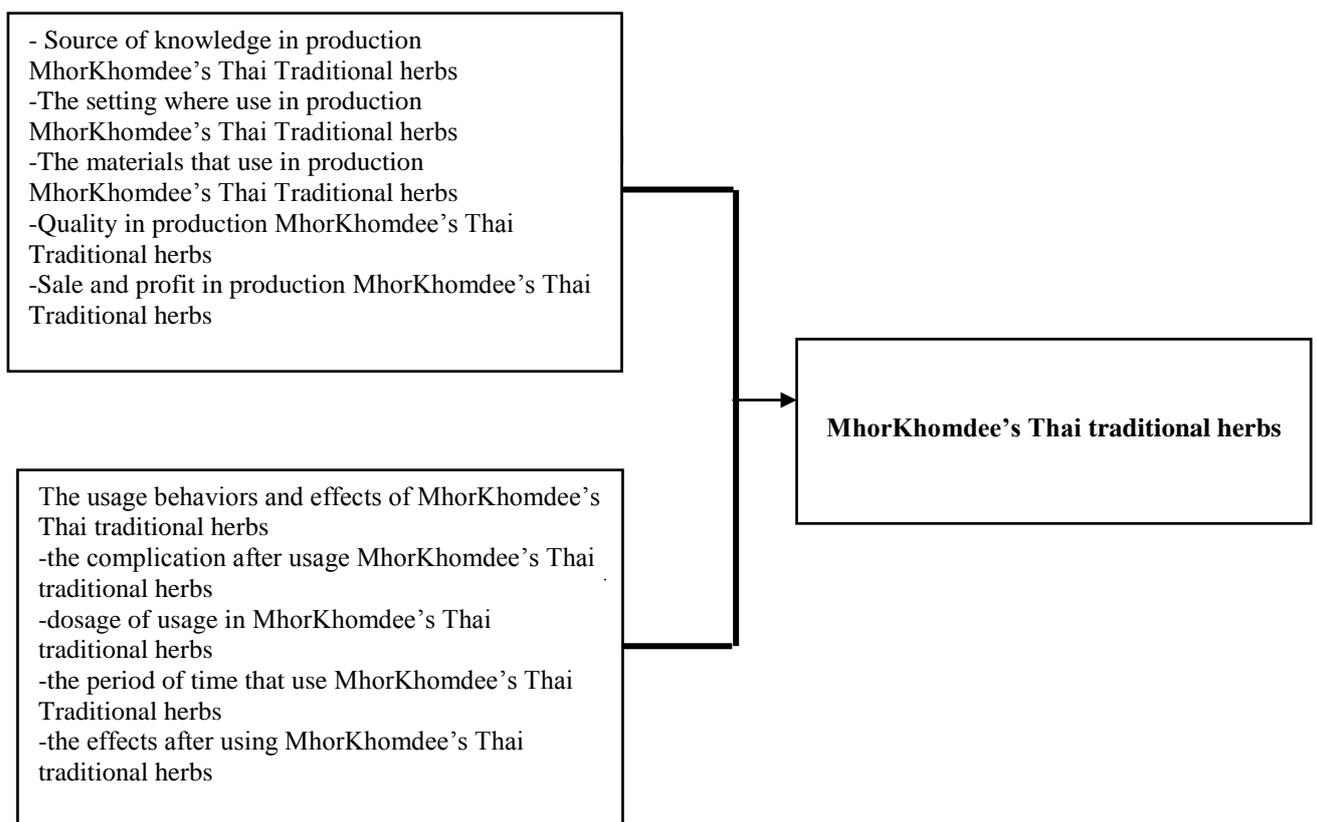


figure 1 Conceptual Framework of the Study

Definition of Term

Thai traditional herb intellect refers to tacit knowledge, beliefs and practices guideline in the production of herbal medicine under the name MhorKhomdee, Banthum Sub-district, Muang District, KhonKaen Province.

MhorKhomdee's Thai traditional herbs refers to herbal types of liquid contained in bottled 330 ml. it produced by MhorKhomdee or agent under the name MhorKhomdee, Ban Thum Muang, KhonKaen.

The effects of the usage of herbal mixture refers to the results of MhorKhomdee's Thai Traditional herbs both positive and negative of medicine user, at BanPed village Moo2, BanPed, MuangKhonKaen.

Methodology**Research Design**

This Qualitative Research to studied the source of knowledge and process of producing the herbal mixture of MhorKhomdee. Ban Thum, KhonKaen province, behaviors and effects of usage herbal mixture of MhorKhomdee in Ban Ped Moo2 Muang District, KhonKaen Province

Setting

Ban Ped2, BanPed sub-district, Muang district, KhonKaen province

Target Population

1. MhorKhomdee who products the Thai traditional herb, Ban Thum, KhonKaen province
2. The 13 villagers who using MhorKhomdee's Thai Traditional herbs in BanPed Moo 2 with more than 35 years number.
3. The 5 villagers who were not using MhorKhomdee's Thai Traditional herbs in Ban Ped Moo2.

They were collected during July-September 2010 by using in-depth-interview, and non-participant observation.

Instrumentation

Instruments

1. The in-depth interviews guidelines
2. The observation guidelines

Content validity

In order to confirm the content validity and appropriateness of the language of the in-depth interviews guideline, three experts participated in the editing process. The guidelines were then modified based on the experts' comments and recommendation, then these Instruments were pretest for the smooth and answers received. Triangulated the data were collected by in-depth interviews and observation.

Data Analysis :by content analysis using inductive analysis, open coding and axial coding respectively

Results

The results found that MhorKhomdee's Thai traditional herbs (herbal mixture) will be used extensively in Ban Ped, there were 81 % (About 50 in the past year) is also well known that inform Tull Laos Sa Duang Prab Wa Yo produced by MhorKhomdee, but now after he passed away more than 20 years the daughter will be and inheritance. Source of knowledge that produced Thai traditional herbs. Manufacturers have mixture derived from the father relayed. How to process prescription from learning more on medicine in

KhonKaenUniversity by in a refreshing herbal 2543 (2000) folk wisdom has been selected as agents, attending about the herb 19 Province villagers ability the Sirindhorn College of Public Health KhonKaen.for period of 3 day 2 Night to learn the prayer of the righteous-article to spread kindness hang of Ara hang Sam Ma SamphutthorPhakkawa for repeat 3 times and prayer and Khatha chin banchonof PhraCheewahkaKoMaraphat to reach the age and your prayer.

Manufacturer of herbal mixture is MhorKhomdee. The daughter received knowledge about herbs formula elements(from his father) production at 50 a year ago, when MhorKhomdee died 1990 until 2000 has refresh herbal folk wisdom. Official health come evening invitations training at the Sirindhorn College of Public Health KhonKaen.Then had requested the villagers who ate those poisonous, such as postpartum person are allergic to bitter AcaciaPennataleaf if the symptom occurs she no breast milk for breast feeding. Manufacturer decides the inheritance in addition to the knowledge that herbal production will come fromherbal mixture relay of ancestry, the manufacturer has more studied in Facultyof pharmacy, KhonKaen University, and havethe knowledge of production for period of not less than 10years experience.

Raw materialsin the production, including clove curcumin turmericcamphor red pepper a mango Fang long pepper salt and clean water which are purchased by the village are dried and stored, or purchased bythe market but some herbal herbalist who require bright, red Fang, curcuminpurchased when producing herbal mixture or purchase to use in the herbs that require fresh, red Fang are available several times with fresh boiled until the color it is or will be purchased by a herbalist for herbs production in process herb mixture. To store the herbs to keep daylight then prepares the device and all mix together once boiled. 4 water section until the water remains 1 and use all the time 7 nights and prayer, they go down with all 7 times. According to the beliefs and practices in a process of prayer Khathapromof Thai traditional CheeWaKaKoMaraphat, only those sheets of age values go. If youdo not have the drugs are not effective and does not maintain. In addition to the right article to spread kindness-hang the prayer of Arra hung 3 times.To completed of their ages Katha Chin BunChorn and of membrane of their ancestor by Khan 5 Khan 8 to pray for in their believed and, the original prayer of ancient Thai traditional herbs. In addition to every Buddhist Day 8 kham 15 kham, process of prayer KhathaBoromphat of Thai traditional herbs PhraCheewahkaKoMaraphat the prayer all in Bali dialects, and the production place to produces inside their home with steps contains Thai traditional herbs production.

1.The villagers inquired Thai traditional herbs production, and then register that the patient has symptoms or history for sickness.

2.Need to learn before they are used which use any herbal, what benefits must be used for individual herbs much quantity. Keep the herbs time day or night (most people find will be maternal postpartum and their cattle animal mammals it uses the same herbs).

3.Brings raw turmeric, curcumin clove contains camphor, red pepper a mango Fang long pepper salt and clean water.

4.Brings together all the ingredients at once, anduse water 4 section until the water remains1 section. Used duration of boil 7 night and all are Thai traditional herbsKhathaprom prayer the original of ancient Thai traditional herbs 7 time all.

5.Glass bottle is bottled in packaging tea color330 ml.

Type of quality ready boiled liquid herb and the remain liquid content of boiled 1 part of water 4 level it contain feature is the clear red, liquid herb inside the bottling in clear red with Aroma Borneol smells herbal. Black sediment in the end of bottle area. When eating is bitter and harsh to the taste, very salty when drink is cool around the throat. From the observation that the bottles could not contribute styles containing, color of tea, red cover cap,

no indicator for a dosage not have an expiration date specified, the insights found that an indicator is used to coordinate for the early postpartum period, to stimuli produce breastmilk. In the old ages to eat for cure dizziness, constipation and stomach gas symptom. The tinny people use to increase appetite and weight, drugs expired period for 30 days after the manufacturedbut postpartum period required to consume 330 ml, all within one day. Herb mixture production is not sales in the market. Just as science is to help personat the villagers and demanded, and has raised 20-30baht reward would be paid each month to produce herbalweutxim200 baht and satisfaction in the feedback and response frompeople to satisfied when it can keep abnormal symptoms.

Behavior for herbal mixture use: when had symptoms to buy it in the community. Some family have herbal mixture regularly in order to maintain internal organs, in the abdominal symptoms are symptoms of upset stomach gas, food poisoning headache,pulling lochia, and dysmenorrhea. The community suggested that Government sector should be promotedand recognized herbal mixtureand to quality assurance, with labeled for the use of dosage, focusing precise and reliable.

Conclusion

This research study aim to investigate (1) source of knowledge in production herbal (2) the process ofpreparing of the Thai traditional herbal (3) and the results of the use herbal. In this paper, we discuss the quality and efficiency of Thai traditional herbal used for healt. Data analysis was performed with content analysis and inductive approach. It was found that (1) Mho Khomdee originally learned how to do herbal mixture processing from his ancestors as well as studied from the Faculty of Thai Traditional Medicine. The herbal mixture processing included: mixing all herbs and elements; and boiling them with water for seven days and nights until it dried and left only a quarter of water along with praying the PhraCheewahkaKoMaraphat (a father of Thai traditional medicine) note once a day. (2) For the users' behaviors, they trusted in the herbal mixture medicine by using it regularly when feeling sick such as stomachache, flatulence, food poisoning, dizziness, menstruation discomfort, etc. Also, some families used it for first aid medicine. They had not had any side effects of this herb mixture. They would like to have supports from the Royal Thai Government to be accredited by the Thai Food and Medicine Organization as well as labeling the valid prescription of the herbal medicine. (3) The non-users stated that one did not use MhorKhamdee's herb mixture as had his own medication. Others believed in a doctor prescription.

Recommendation

□ This herbal mixture medicine should be monitored by health professionals and community to assure its reliable quality.The further study should be performed in a real situation such as observation.

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